Mindluster Platform

About the course Psychological Disorders Treatment Techniques

Psychological Disorders Treatment course, in this course we will learn about the various approaches and techniques utilized in the treatment of psychological disorders. From evidence-based therapies like Cognitive Behavioral Therapy (CBT) and pharmacotherapy to holistic methods such as mindfulness and family therapy, we'll explore the diverse landscape of psychological treatment modalities. Through case studies and practical exercises, students will gain insights into the application of different interventions, fostering a comprehensive understanding of how to address the complexities of mental health disorders effectively.

Humanities Category's Courses

Course Lesson(18)

Lesson 1 : **What is Normal Intro Psych Tutorial 221**

Lesson 2 : **Deviance Dysfunction Distress Disorders Intro Psych Tutorial 222**

Lesson 3 : **On Being Sane in Insane Places The Rosenhan Study Intro Psych Tutorial 223**

Lesson 4 : **The DSM 5 Intro Psych Tutorial 224**

Lesson 5 : **The Diathesis Stress Model Intro Psych Tutorial 225**

Lesson 6 : **Culture and Mental Illness Intro Psych Tutorial 226**

Lesson 7 : **DSM 5 Disorders Diagnoses Intro Psych Tutorial 227**

Lesson 8 : **Anxiety Disorders Intro Psych Tutorial 228**

Lesson 9 : **Trauma Stressor Related Disorders Intro Psych Tutorial 229**

Lesson 10 : **Obsessive Compulsive Related Disorders Intro Psych Tutorial 230**

Lesson 11 : **Somatic Symptoms Related Disorders Intro Psych Tutorial 231**

Lesson 12 : **Dissociative Disorders Intro Psych Tutorial 232**

Lesson 13 : **Neurodevelopmental Disorders Intro Psych Tutorial 233**

Lesson 14 : **Schizophrenia Spectrum Other Psychotic Disorders Intro Psych Tutorial 234**

Lesson 15 : **Feeding Eating Disorders Intro Psych Tutorial 235**

Lesson 16 : **Depressive Disorders Intro Psych Tutorial 236**

Lesson 17 : **Bipolar Related Disorders Intro Psych Tutorial 237**

Lesson 18 : **Personality Disorders Psychopathy Sociopathy Intro Psych Tutorial 238**

Related courses

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