Mindluster Platform

About the course Humanistic Psychology Fundamentals

Humanistic Psychology course, in this course we will learn about the principles and practices of Humanistic Psychology. From the foundational concepts of self-actualization and personal growth to the exploration of therapeutic approaches like person-centered therapy and Gestalt therapy, students will delve into the holistic understanding of human experience and behavior. Through case studies and experiential exercises, participants will gain insight into the importance of empathy, authenticity, and the human potential for creativity and fulfillment within the framework of Humanistic Psychology.

Humanities Category's Courses

Course Lesson(21)

Lesson 1 : **What is Personality Intro Psych Tutorial 128**

Lesson 2 : **Psychoanalysis Freudian Personality Structure Id Ego Superego Intro Psych Tutorial 129**

Lesson 3 : **Freud s Psychosexual Stages Intro Psych Tutorial 130**

Lesson 4 : **Freudian Defense Mechanisms Intro Psych Tutorial 131**

Lesson 5 : **Psychodynamic Theorists Adler Horney Jung Intro Psych Tutorial 132**

Lesson 6 : **Projective Techniques The Rorschach Inkblot Test and the TAT Intro Psych Tutorial 133**

Lesson 7 : **Trait Based Assessment of Personality Intro Psych Tutorial 134**

Lesson 8 : **The Forer Effect or Barnum Effect Intro Psych Tutorial 135**

Lesson 9 : **The Minnesota Multiphasic Personality Inventory MMPI Intro Psych Tutorial 136**

Lesson 10 : **Which Personality Traits Matter Intro Psych Tutorial 137**

Lesson 11 : **The Five Factor Model or Big Five Intro Psych Tutorial 138**

Lesson 12 : **Traits and Behavior Intro Psych Tutorial 139**

Lesson 13 : **What Causes Trait Differences Intro Psych Tutorial 140**

Lesson 14 : **Genes and Personality Intro Psych Tutorial 141**

Lesson 15 : **The Socio Cognitive Approach to Personality Intro Psych Tutorial 142**

Lesson 16 : **Existential Psychology Intro Psych Tutorial 143**

Lesson 17 : **Humanistic Psychology Abraham Maslow Carl Rogers Intro Psych Tutorial 144**

Lesson 18 : **The Self and Reciprocal Determinism Intro Psych Tutorial 145**

Lesson 19 : **Self Efficacy Locus of Control and Self Perception Intro Psych Tutorial 146**

Lesson 20 : **The Myers Briggs Type Indicator MBTI Intro Psych Tutorial 147**

Lesson 21 : **Psychology Practice Questions Personality Psychology**

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