Mindluster Platform

About the course wrist and hand pain Treatment

wrist and hand pain course, In this course we will learn about wrist and hand pain, a common complaint with various causes ranging from overuse injuries to medical conditions like carpal tunnel syndrome and arthritis. Understanding the anatomy and potential sources of pain in the wrist and hand is crucial for accurate diagnosis and effective management. Through this course, we'll explore common conditions, diagnostic approaches, and treatment options, empowering learners to address wrist and hand pain effectively in clinical and everyday settings.

Medical Category's Courses

Course Lesson(11)

Lesson 1 : **ULNAR NERVE MOBILITY TESTING FOR SHOULDER ELBOW AND WRIST PROBLEMS**

Lesson 2 : **MANUAL THERAPY FOR THE WRIST PAIN SCAPHOID MWM TECHNIQUE**

Lesson 3 : **WRIST PAIN AND STIFFNESS TREATMENT BY CARPAL ROTATION MWM TECHNIQUE**

Lesson 4 :
TREAT WRIST PAIN DURING WEIGHT BEARING BY CARPAL LATERAL MEDIAL MWM TECHNIQUE GET GOOD RESULTS

Lesson 5 :
WRIST PAIN AND STIFFNESS TREATMENT BY CARPAL LATERAL MEDIAL MWM TECHNIQUE

Lesson 6 : **Wrist Pain Instant Relief Gone in seconds Try this**

Lesson 7 : **TRAPEZIUM MOBILIZATION TECHNIQUE EASE WRIST PAIN IN COMPUTER USERS**

Lesson 8 : **Wrist Joint Mobilization Easy Method Get Pain Relief**

Lesson 9 : **TREAT HAND STIFFNESS AND PAIN BY PIP AND DIP MOBILIZATION TECHNIQUE**

Lesson 10 :
PAIN IN HAND DURING GRIPPING ACTIVITIES TREATMENT BY METACARPAL MWM TECHNIQUE

Lesson 11 : **CARPAL PUMP TECHNIQUE TO RESOLVE HAND SWELLING PAIN**

Related courses

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Male Reproductive

Anatomy

Pharynx

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General Embryology



for Business Contact
business@mindluster.com