Mindluster Platform

About the course Frozen Shoulder Treatment Technique

Frozen Shoulder Treatment course, in this course we will learn about the treatment of frozen shoulder, a condition characterized by stiffness, pain, and limited range of motion in the shoulder joint. Understanding various treatment modalities, including physical therapy exercises, stretching, joint mobilization techniques, and medications, is essential for effectively managing frozen shoulder. Additionally, we will explore more advanced interventions such as corticosteroid injections, hydrodilatation, and surgical options for refractory cases. By delving into evidence-based approaches and individualized treatment plans, this course aims to equip learners with the knowledge and skills to address frozen shoulder comprehensively and improve patient outcomes.

Medical Category's Courses

Course Lesson(33)

Lesson 1 :
Frozen Shoulder Treatment 7 Stage Shoulder Mobilization Technique Spencer s Technique

Lesson 2 : **FROZEN SHOULDER TREATMENT 3 STAGE MOBILIZATION TECHNIQUE PART 2**

Lesson 3 : **Frozen Shoulder Treatment Prone Shoulder Mobilization Technique**

Lesson 4 : **HOW TO CURE SHOULDER PAIN AT NIGHT IN FROZEN SHOULDER PATIENTS**

Lesson 5 :
HAND BEHIND BACK MWM TECHNIQUE GAIN INTERNAL ROTATION IN FROZEN SHOULDER PATIENTS

Lesson 6 :
FROZEN SHOULDER TREATMENT AC JOINT CIRCUMDUCTION MOBILIZATION TECHNIQUE GET BETTER RESULTS

Lesson 7 :
FROZEN SHOULDER TREATMENT RESTORING JOINT PLAY WITH FLEXION PULL MANIPULATION TECHNIQUE ï¸

Lesson 8 :
FROZEN SHOULDER TREATMENT GAIN ABDUCTION RANGES SUPERIOR INFERIOR JOINT PLAY MANIPULATION

Lesson 9 :
FROZEN SHOULDER TREATMENT MEDIAL LATERAL JOINT PLAY MOBILIZATION TECHNIQUE FULCRUM METHOD

Lesson 10 :
FROZEN SHOULDER TREATMENT INFERIOR SUPERIOR JOINT PLAY AND MANIPULATION TECHNIQUE

Lesson 11 : **SCAPULO THORACIC MOBILIZATION TECHNIQUES FROZEN SHOULDER TREATMENT**

Lesson 12 :
4 POINT CORRECTION TECHNIQUE FOR FROZEN SHOULDER IMPINGEMENT SYNDROME PATIENTS

Lesson 13 :

TREATING FROZEN SHOULDER IMPINGEMENT SYNDROME BY SCAPULA AND G H MOBILIZATION IN 4 POINT KNEELING

Lesson 14 :
SHOULDER MOBILIZATION WITH MOVEMENT P I GLIDE TO GAIN END RANGE FLEXION IN FROZEN SHOULDER

Lesson 15 :
7 months old Frozen Shoulder treated with Spencer s Mobilization technique in one session SHORTS

Lesson 16 :
FUNCTIONAL RELEASE TECHNIQUE FOR POSTERIOR ROTATOR CUFF MUSCLES SHOULDER PAIN TREATMENT

Lesson 17 :
SUBSCAPULARIS FUNCTIONAL RELEASE TECHNIQUE FOR SHOULDER PAIN AND STIFFNESS

Lesson 18 :
SUBCLAVIUS FUNCTIONAL RELEASE TECHNIQUE FOR ANT CHEST PAIN SHOULDER PAIN

Lesson 19 :
PECTORALIS MAJOR FUNCTIONAL RELEASE TECHNIQUE FOR SHOULDER STERNUM RIB DYSFUNCTION

Lesson 20 :
SLEEPER STRETCH MOBILIZATION TECHNIQUE Rx SHOULDER PAIN AND STIFFNESS LOSS OF IR ER

Lesson 21 :
GLENO HUMERAL CORRECTION BY KINESIOTAPING GET GOOD RESULTS IN SHOULDER PAIN PATIENTS

Lesson 22 :
SHOULDER PAIN AND STIFFNESS TREATMENT BY MANUAL THERAPY GET GOOD RESULTS IN SINGLE SESSION

Lesson 23 :
SHOULDER PAIN AND STIFFNESS TREATMENT BY 4 POINT CORRECTION 2 THERAPIST METHOD

Lesson 24 : **HEAL SHOULDER INJURY PAIN FASTER WITH THIS ONE MINUTE HOME EXERCISE**

Lesson 25 :
ROTATOR CUFF REFLEX RELEASE TECHNIQUE GET GOOD RESULTS IN SHOULDER PAIN PATIENTS

Lesson 26 :
AC JOINT QUICK ASSESSMENT TREATMENT WITH REFLEX RELEASE TECHNIQUE SHOULDER PAIN TREATMENT

Lesson 27 :
CORACOBRACHIALIS REFLEX RELEASE TREATMENT TO IMPROVE SHOULDER INTERNAL ROTATION RANGE IN SECONDS

Lesson 28 :
BEST WAY TO EXERCISE SERRATUS ANTERIOR IN SHOULDER IMPINGEMENT SYNDROME

Lesson 29 :
STRAIN COUNTERSTRAIN TREATMENT FOR FROZEN SHOULDER GAINING EXTERNAL ROTATION RANGE

Lesson 30 :
MET TREATMENT FOR LATTISMUS DORSI SHOULDER PAIN STIFFNESS shorts ytshorts

Lesson 31 : **Scapula Mobilization for Painful Shoulder and Upper Back**

Lesson 32 : **Scapular Mobilization Technique to Treat Shoulder Pain Stiffness**

Lesson 33 : **An Easy Way To Mobilize Sternoclavicular Joint Treat Shoulder Pain Stiffness**

Related courses

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