Mindluster Platform

About the course Brunnstrom Approach for Hemiplegia Treatment

The "Brunnstrom Approach for Hemiplegia Treatment" course provides a comprehensive introduction to one of the most effective neurorehabilitation methods used for stroke patients. This course explains the Brunnstrom stages of motor recovery and how therapists can use reflexes and synergies to facilitate movement in individuals with hemiplegia. Learners will explore practical techniques and therapeutic exercises designed to improve muscle control, coordination, and functional mobility. The course also highlights how to assess patient progress and apply appropriate interventions at each recovery stage. Through real-life examples and clinical insights, participants will gain a deeper understanding of how to support patients in regaining independence. This course is ideal for physiotherapy students, rehabilitation professionals, and anyone interested in neurological recovery methods.

Medical Category's Courses

Course Lesson(19)

Lesson 1 :
AN INTRODUCTION TO BRUNNSTROM APPROACH MOVEMENT THERAPY IN HEMIPLEGIA

Lesson 2 : **BRUNNSTROM APPROACH BASIC UPPER LIMB SYNERGIES IN HEMIPLEGIA PATIENTS**

Lesson 3 :
BRUNNSTROM APPROACH BASIC LOWER LIMB SYNERGIES IN HEMIPLEGIA PATIENTS

Lesson 4 :
INFLUENCE OF RELEASED POSTURAL REFLEXES ON MOVEMENT PERFORMANCE IN HEMIPLEGIA PATIENTS

Lesson 5 : **IMPORTANT ASSOCIATED REACTIONS SEEN IN STROKE HEMIPLEGIA PATIENTS**

Lesson 6 :
INFLUENCE OF RELEASED POSTURAL REFLEXES ON MOVEMENT PERFORMANCE IN HEMIPLEGIA PATIENTS

Lesson 7 :
7 STEPS OF HAND FUNCTION RECOVERY IN STROKE HEMIPLEGIA PATIENTS IMPORTANT HAND REACTIONS IN STROKE

Lesson 8 : **7 STAGES OF HEMIPLEGIA RECOVERY AFTER STROKE BRUNNSTROM STAGES**

Lesson 9 : **BRUNNSTROM SENSORY TESTING PROCEDURE FOR STROKE HEMIPLEGIA PATIENTS**

Lesson 10 :
FAY MANIPULATION TECHNIQUE TO UNLOCK UPPER LIMB SPASTIC JOINTS IN STROKE HEMIPLEGIA PATIENTS

Lesson 11 :
BRUNNSTROM EXERCISES FOR MOVEMENT RECOVERY IN STROKE PATIENTS DURING FLACCID PHASE

Lesson 12 :
HOW TO EXERCISE HEMIPLEGIC SHOULDER SAFELY AND PREVENT SHOULDER PAIN IN STROKE PATIENTS

Lesson 13 :

BILATERAL ROWING EXERCISE TECHNIQUE RECOVERING UPPER LIMB MOVEMENTS IN ACUTE STROKE PATIENTS

Lesson 14 :
WAIST SQUEEZING EXERCISE TECHNIQUE DEVELOPING ELBOW EXTENSION CONTROL IN ACUTE STROKE PATIENTS

Lesson 15 :
EXERCISE TECHNIQUES TO BREAK UPPER LIMB FLEXOR SYNERGY IN STROKE PATIENTS

Lesson 16 :
EXERCISE TECHNIQUES TO BREAK UPPER LIMB EXTENSOR SYNERGY IN STROKE PATIENTS

Lesson 17 :
EXERCISE STRATEGIES TO RETRAIN PRONATION SUPINATION MOVEMENT IN STROKE HEMIPLEGIA PATIENTS

Lesson 18 :
EXERCISES TO DEVELOP WRIST STABILIZATION FOR GRASPING IN A STROKE HEMIPLEGIA PATIENT

Lesson 19 :
HAND MANIPULATION TECHNIQUE TO FACILITATE FINGER EXTENSION RELEASING IN STROKE HEMIPLEGIA PATIENTS

Related courses

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