Mindluster Platform

About the course Headache Treatment Diagnosis

Headache Treatment course, in this course we'll explore various strategies for effectively managing headaches, including migraine, tension-type, and cluster headaches. Participants will learn about pharmacological interventions, lifestyle modifications, and alternative therapies to alleviate headache symptoms. Through comprehensive understanding and evidence-based approaches, learners will gain insights into creating personalized treatment plans tailored to individual needs, ultimately improving headache management and enhancing overall quality of life.

Medical Category's Courses

Course Lesson(46)

Lesson 1 :
HEADACHE HOME EXERCISE ATLAS C1 PUSH AND ROTATE TECHNIQUE MOBILIZATION WITH MOVEMENT THERAPY

Lesson 2 :
HOW TO TREAT AN ACUTE STIFF NECK BY FACET MOBILIZATION WITH MOVEMENT TECHNIQUE

Lesson 3 : **HEADACHE TREATMENT C1 STABILIZATION WITH C2 MOBILIZATION TECHNIQUE**

Lesson 4 :
MANUAL THERAPY FOR CERVICAL ROTATION DIZZINESS C1 ATLAS P A MOBILIZATION TECHNIQUE

Lesson 5 :
MANUAL THERAPY FOR CERVICAL EXTENSION DIZZINESS C2 AXIS P A MOBILIZATION TECHNIQUE

Lesson 6 :
RESCUE MANOEUVRE TO TREAT NAUSEA VOMITING BLURRY VISION AFTER NECK MOBILIZATION MANIPULATION

Lesson 7 :
BRIDGE MOBILIZATION TECHNIQUE FOR PAINFUL AND STIFF C7 T1 HELPFUL FOR NECK AND UPPER BACK PAIN

Lesson 8 :
CERVICAL TRACTION WITH MOBILIZATION BELT TECHNIQUE TREAT NECK STIFFNESS AND RADICULAR ARM PAIN

Lesson 9 :
SPINAL MOBILIZATION WITH ARM MOVEMENT RELIEVE ARM PAIN OF CERVICAL ORIGIN

Lesson 10 :
PATIENT GETS COMPLETE RELEIF FROM ACUTE PAINFUL AND STIFF NECK IN A SINGLE SESSION BY MANUAL THERAPY

Lesson 11 :
4 POINT CORRECTION TECHNIQUE FOR FROZEN SHOULDER IMPINGEMENT SYNDROME PATIENTS

Lesson 12 :

TREATING FROZEN SHOULDER IMPINGEMENT SYNDROME BY SCAPULA AND G H MOBILIZATION IN 4 POINT KNEELING

Lesson 13 :
QUICK ASSESSMENT AND TREATMENT OF LOW BACK PAIN AND STIFFNESS BY MANUAL THERAPY

Lesson 14 :
SHOULDER PAIN AND STIFFNESS TREATMENT BY MANUAL THERAPY GET GOOD RESULTS IN SINGLE SESSION

Lesson 15 :
QUICK ASSESSMENT AND TREATMENT OF NECK PAIN AND STIFFNESS BY MANUAL THERAPY

Lesson 16 :
HAND BEHIND BACK MWM TECHNIQUE GAIN INTERNAL ROTATION IN FROZEN SHOULDER PATIENTS

Lesson 17 :
SLEEPER STRETCH MOBILIZATION TECHNIQUE Rx SHOULDER PAIN AND STIFFNESS LOSS OF IR ER

Lesson 18 :
ELBOW LATERAL MEDIAL TILT MOBILIZATION WITH MOVEMENT TECHNIQUE FOR ELBOW PAIN AND STIFFNESS

Lesson 19 :
RADIAL HEAD MOBILIZATION TECHNIQUE IMPROVE SUPINATION PRONATION ROM IN STIFF ELBOW PATIENTS

Lesson 20 :
DISTAL RADIO ULNAR JOINT MOBILIZATION TECHNIQUE GAIN SUPINATION PRONATION MOVEMENTS

Lesson 21 :
SHOULDER MOBILIZATION WITH MOVEMENT P I GLIDE TO GAIN END RANGE FLEXION IN FROZEN SHOULDER

Lesson 22 :
WRIST PAIN AND STIFFNESS TREATMENT BY CARPAL LATERAL MEDIAL MWM TECHNIQUE

Lesson 23 :
TREAT WRIST PAIN DURING WEIGHT BEARING BY CARPAL LATERAL MEDIAL MWM TECHNIQUE GET GOOD RESULTS

Lesson 24 : **WRIST PAIN AND STIFFNESS TREATMENT BY CARPAL ROTATION MWM TECHNIQUE**

Lesson 25 : **MANUAL THERAPY FOR THE WRIST PAIN SCAPHOID MWM TECHNIQUE**

Lesson 26 :
PAIN IN HAND DURING GRIPPING ACTIVITIES TREATMENT BY METACARPAL MWM TECHNIQUE

Lesson 27 : **TREAT HAND STIFFNESS AND PAIN BY PIP AND DIP MOBILIZATION TECHNIQUE**

Lesson 28 :
LOW BACK PAIN AND STIFFNESS GET GOOD RESULTS BY LUMBAR FACET MWM TECHNIQUE

Lesson 29 : **TRY THIS FOR SUDDEN LOW BACK PAIN WITH LOCKING GET QUICK RELIEF**

Lesson 30 : **ACUTE BACK PAIN AND STIFFNESS TREATMENT BY L5 S1 MWM TECHNIQUE**

Lesson 31 : **SPINAL MOBILIZATION WITH EXTENSION TECHNIQUE IMPROVE PAIN AND ROM**

Lesson 32 : **GATE MOBILIZATION TECHNIQUE HOME EXERCISE FOR SCIATICA PATIENTS**

Lesson 33 : **BENT LEG RAISE TECHNIQUE GET RELIEF IN SCIATICA PAIN**

Lesson 34 :

SLR WITH TRACTION TECHNIQUE GET RELIEF IN SCIATICA SYMPTOMS BACK LEG PAIN

Lesson 35 : LUMBAR SCIATIC NERVE MOBILIZATION GET RELIEF IN SCIATICA PAIN

Lesson 36 : HIP JOINT TREATMENT MOBILIZATION TECHNIQUES UNLOCK HIP ROM

Lesson 37 : PAIN DURING WALKING HIP MOBILIZATION FOR PAINFUL WALKING

Lesson 38 : PAIN DURING WALKING TRY THIS HIP MOBILIZATION

Lesson 39 : HIP ROTATION MOBILIZATION TECHNIQUE shorts

Lesson 40 :
STOP KNEE JOINT PAIN AND STIFFNESS LATERAL MOBILIZATION WITH MOVEMENT TECHNIQUE kneepain

Lesson 41 :
STOP KNEE PAIN NOW WITH THIS EASY HOME EXERCISE PHYSIOTHERAPY FOR KNEE PAIN

Lesson 42 :
SIMPLE KNEE JOINT FLEXION MOBILIZATION GET FULL KNEE RANGE OF MOTION PAIN RELIEF

Lesson 43 :
KNEE JOINT EXTENSION MOBILIZATION BY BELT TREAT KNEE PAIN AND STIFFNESS

Lesson 44 :
ELBOW JOINT PAIN TREATMENT SHAKING MOBILIZATION TECHNIQUE TENNIS ELBOW

Lesson 45 :
HOW TO TREAT KNEE PAIN OF MENISCUS ORIGIN TRY THUMB SQUEEZE TECHNIQUE FOR GOOD RELIEF

Lesson 46 : 1 Min Exercise for Sciatica Relief TRY NOW

Related courses

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for Business Contact
business@mindluster.com