Mindluster Platform

About the course Hamstring reflex Release Techniques

Hamstring reflex Release course, This course delves into understanding the mechanics and significance of hamstring reflex release. Through theoretical and practical modules, participants will grasp the neurological underpinnings of this reflex, its diagnostic value, and implications in clinical practice. By exploring techniques for eliciting and interpreting hamstring reflexes, students will enhance their proficiency in neurological examinations. Additionally, the course addresses abnormalities in reflex responses and their implications for diagnosing neurological disorders. Participants will gain valuable insights and skills to effectively assess and interpret hamstring reflex release in diverse clinical settings.

Medical Category's Courses

Course Lesson(23)

Lesson 1 :
1ST RIB REFLEX RELEASE TECHNIQUE FOR THORACIC OUTLET SYNDROME NECK SHOULDER PAIN

Lesson 2 :
OMOHYOID REFLEX RELEASE TECHNIQUE FOR NECK PAIN AND HEADACHE PATIENTS

Lesson 3 :
TMJ DISORDER TREATMENT BY REFLEX RELEASE TECHNIQUE HELPFUL IN MOUTH OPENING BRUXISM HEAD NECK PAIN

Lesson 4 :
ILIOPSOAS REFLEX RELEASE TECHNIQUE GET GOOD RESULTS IN BACK PAIN HIP PAIN AND LOWER LIMB PROBLEMS

Lesson 5 :
CORACOBRACHIALIS REFLEX RELEASE TREATMENT TO IMPROVE SHOULDER INTERNAL ROTATION RANGE IN SECONDS

Lesson 6 : **OCCIPITO MASTOID SUTURE RELEASE TECHNIQUE FOR HEADACHE PATIENTS**

Lesson 7 :
HOFFMANN S REFLEX RELEASE TREATMENT FOR TENNIS ELBOW CARPAL TUNNEL SYNDROME GOLFER S ELBOW

Lesson 8 : **REFLEX RELEASE TREATMENT FOR GOLFER S ELBOW MEDIAL EPICONDYLITIS**

Lesson 9 :
AC JOINT QUICK ASSESSMENT TREATMENT WITH REFLEX RELEASE TECHNIQUE SHOULDER PAIN TREATMENT

Lesson 10 :
ROTATOR CUFF REFLEX RELEASE TECHNIQUE GET GOOD RESULTS IN SHOULDER PAIN PATIENTS

Lesson 11 :
REFLEX RELEASE SCM TRIGGER POINTS IN SECONDS VERY HELPFUL IN NECK PAIN AND HEADACHE PATIENTS

Lesson 12 : **TURN AND TAP MANOEUVRE A HOME EXERCISE FOR NECK PAIN AND STIFFNESS**

Lesson 13 : **HEAL SHOULDER INJURY PAIN FASTER WITH THIS ONE MINUTE HOME EXERCISE**

Lesson 14 :
DIAPHRAGM REFLEX RELEASE TECHNIQUE TO RELEIVE LOWER RIB LOW BACK HIP PAIN

Lesson 15 :
1 MINUTE REVERSE SUPERMAN EXERCISE TO RELEIVE UPPER BACK PAIN IN LAPTOP AND MOBILE USERS

Lesson 16 : **DIAPHRAGM ISOMETRIC EXERCISE FOR RIB LOW BACK AND HIP PAIN PATIENTS**

Lesson 17 : **THE ERECTOR SPINAE RELEASE TECHNIQUE FOR LOW BACK PAIN**

Lesson 18 : **Tennis Elbow Treatment with Reflex Release Technique**

Lesson 19 : **HAMSTRING REFLEX RELEASE TECHNIQUE GET GOOD RESULTS IN SINGLE SESSION**

Lesson 20 :
REFLEX RELEASE TIGHT CALF MUSCLES IN SECONDS GET QUICK RELIEF IN KNEE CALF AND HEEL PAIN

Lesson 21 : **LUMBAR LUMBO SACRAL SACRO ILIAC COCCYX RELEASE TECHNIQUE**

Lesson 22 :
FLEXOR WITHDRAWAL REFLEX RELEASE TECHNIQUE IMPROVE WEIGHT BEARING AND GAIT IN PATIENTS

Lesson 23 :
SACROILLIAC JOINT REFLEX RELEASE TREATMENT TECHNIQUES FOR LOW BACK PAIN AND GROIN PAIN

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