Mindluster Platform

About the course Heel pain treatment Technique

Heel pain treatment course, in this course we will explore different modalities, including exercises, stretches, orthotic devices, and therapeutic techniques aimed at alleviating heel pain. Participants will learn about common conditions such as plantar fasciitis, Achilles tendinitis, heel spurs, and how to tailor treatment plans accordingly. Through a combination of theoretical knowledge and practical demonstrations, students will gain insights into assessing, diagnosing, and managing heel pain effectively to promote recovery and improve patients' quality of life.

Medical Category's Courses

Course Lesson(13)

Lesson 1 :
FUNCTIONAL RELEASE TREATMENT FOR TMJ PAIN HEADACHES TEMPORALIS AND MASSETER RELEASE TECHNIQUES

Lesson 2 :
TREATING JAW PAIN AND STIFFNESS BY SUPRAHYOID FUNCTIONAL RELEASE TECHNIQUE

Lesson 3 :
NECK PAIN CERVICOGENIC HEADACHES TREATMENT BY STERNO CLEIDO MASTOID FUNCTIONAL RELEASE TECHNIQUE

Lesson 4 :
LEVATOR SCAPULAE FUNCTIONAL RELEASE TECHNIQUE FOR NECK PAIN UPPER BACK PAIN

Lesson 5 :
ERECTOR SPINAE ECCENTRIC STRETCH MOBILIZATION TECHNIQUE TO TREAT BACK PAIN

Lesson 6 :
UPPER TRAPEZIUS FUNCTIONAL RELEASE TECHNIQUE FOR NECK AND UPPER BACK PAIN

Lesson 7 :
PECTORALIS MAJOR FUNCTIONAL RELEASE TECHNIQUE FOR SHOULDER STERNUM RIB DYSFUNCTION

Lesson 8 :
SUBSCAPULARIS FUNCTIONAL RELEASE TECHNIQUE FOR SHOULDER PAIN AND STIFFNESS

Lesson 9 :
SUBCLAVIUS FUNCTIONAL RELEASE TECHNIQUE FOR ANT CHEST PAIN SHOULDER PAIN

Lesson 10 :
FUNCTIONAL RELEASE TECHNIQUE FOR POSTERIOR ROTATOR CUFF MUSCLES SHOULDER PAIN TREATMENT

Lesson 11 : **ACHIILES TENDONITIS PAIN TREATMENT**

Lesson 12 : **HEEL PAIN TREATMENT BY FASCIA RELEASE TECHNIQUE**

Lesson 13 : **PERONEUS TENDONITIS PAIN RELIEF BY FUNCTIONAL RELEASE TECHNIQUE**

Related courses

Infection Control

Male Reproductive

Anatomy

Pharynx

Endocrine

General Embryology



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