Mindluster Platform

About the course Neurodynamics Treatment Approach

Neurodynamics Treatment course, in this course we will explore the principles and techniques of neurodynamics treatment, which involves assessing and mobilizing nerves to restore their normal function. Through a combination of theoretical knowledge and practical application, participants will learn how to evaluate neural tension, perform neurodynamic tests, and apply therapeutic interventions such as nerve gliding exercises and manual techniques. This course equips healthcare professionals with valuable skills to effectively manage conditions related to nerve dysfunction, including sciatica, carpal tunnel syndrome, and radiculopathy, enhancing patient outcomes and quality of life.

Medical Category's Courses

Course Lesson(33)

Lesson 1 : **Conceptual Framework of Neurodynamics Treatment Approach The 3 Part System**

Lesson 2 :
NERVE MECHANICS HOW NERVES RESPOND TO BODY MOVEMENTS NEURODYNAMICS APPROACH PART 2

Lesson 3 :
THE MECHANICAL INTERFACE MOVEMENTS CLOSING AND OPENING MECHANISMS AROUND THE NERVOUS SYTEM

Lesson 4 :
STRUCTURAL DIFFERENTIATION AND NEURODYNAMIC SEQUENCING STRATEGIES FOR DIAGNOSIS MAKING

Lesson 5 :
NEUROBIOMECHANICS OF THE SPINE HOW SPINAL CORD NEURAL ELEMENTS RESPOND TO SPINE MOVEMENTS

Lesson 6 :
NEUROBIOMECHANICS OF UPPER LIMB MECHANICAL BEHAVIOUR OF NERVES IN RESPONSE TO UPPER LIMB MOVEMENTS

Lesson 7 :
NEUROBIOMECHANICS OF LOWER LIMB MOVEMENT BEHAVIOUR OF NERVOUS SYSTEM IN RESPONSE TO L L MOVEMENTS

Lesson 8 :
DISORDERS OF MECHANICAL INTERFACE OPENING CLOSING PATHO ANATOMICAL PATHO PHYSIOLOGICAL

Lesson 9 :
DISORDERS OF NEURAL TISSUES HELPFUL IN ASSESSMENT AND DIAGNOSIS MAKING

Lesson 10 :
TYPES OF INNERVATED TISSUE DYSFUNCTIONS MOTOR CONTROL INFLAMMATORY NEURODYNAMICS PART 10

Lesson 11 : **6 LEVELS OF NEURODYNAMIC TESTING LEVEL 1 2 3A 3B 3C 3D**

Lesson 12 : **PASSIVE NECK FLEXION TEST APPLICATION AND INTERPRETATION**

Lesson 13 : **HOW TO PERFORM THE BASIC MEDIAN NERVE MOBILITY TEST**

Lesson 14 : **ULNAR NERVE MOBILITY TESTING FOR SHOULDER ELBOW AND WRIST PROBLEMS**

Lesson 15 :
RADIAL NERVE MOBILITY TEST FOR POSTERIOR SHOULDER PAIN LATERAL EPICONDYLITIS DORSAL FOREARM PAIN

Lesson 16 : **AXILLARY NERVE NEURODYNAMIC TESTING IN SHOULDER PAIN PATIENTS**

Lesson 17 :
RADIAL SENSORY NERVE TESTING TO RULE OUT DIAGNOSE DEQUERVAIN S TENOSYNOVITIS

Lesson 18 :
THE RIGHT WAY TO PERFORM STRAIGHT LEG RAISE TEST FOR BACK PAIN LEG PAIN AND HEEL PAIN

Lesson 19 :
BILATERAL STRAIGHT LEG RAISE TEST LEARN CLINICAL SKILLS TO PERFORM AND INTERPRET

Lesson 20 : **TIBIAL NERVE MOBILITY TESTING IN CALF HEEL AND FOOT PAIN PATIENTS**

Lesson 21 : **PERONEAL NERVE MOBILITY TESTING FOR LEG AND FOOT PAIN PATIENTS**

Lesson 22 : **SURAL NERVE MOBILITY TESTING IN LEG ANKLE AND FOOT PAIN PATIENTS**

Lesson 23 : **SLUMP TESTING FOR HEADACHE NECK BACK PAIN SCIATICA**

Lesson 24 :
FEMORAL NERVE MOBILITY TESTING RIGHT WAY TO PERFORM AND INTERPRET PRONE KNEE BENT TEST

Lesson 25 :
CERVICAL RADICULOPATHY TREATMENT STATIC OPENER SLIDER TECHNIQUE NEURODYNAMICS APPROACH

Lesson 26 :
CERVICAL RADICULOPATHY TREATMENT DYNAMIC CLOSERS PART 3 NEURODYNAMICS APPROACH

Lesson 27 :
CERVICAL RADICULOPATHY TREATMENT DYNAMIC OPENERS PART 2 NEURODYNAMICS APPROACH

Lesson 28 :
NECK ARM PAIN TREATMENT BY 4 LEVELS OF TENSIONER EXERCISES NEURODYNAMICS TREATMENT APPROACH

Lesson 29 :
5 BEST NERVOUS SYSTEM MOBILIZATION EXERCISES TO TREAT HEADACHE PATIENTS

Lesson 30 :
BEST SLEEPING POSITION FOR THORACIC OUTLET SYNDROME PATIENTS GET PAIN RELEIF QUALITY SLEEP

Lesson 31 :
THORACIC OUTLET SYNDROME TREATMENT BY DYNAMIC OPENER AND CLOSER EXERCISES PART 2

Lesson 32 :
5 BEST HOME EXERCISES TO TREAT PRONATOR TERES SYNDROME FOREARM PAIN GET GOOD RESULTS

Lesson 33 :
THORACIC OUTLET SYNDROME TREATMENT SLIDERS TENSIONER EXERCISES PART 3 NEURODYNAMICS APPROACH

Related courses

Infection Control

Male Reproductive

Anatomy

Pharynx

Endocrine

General Embryology



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