Mindluster Platform

# About the course Iodine Deficiency Symptoms and Causes

Iodine Deficiency Symptoms course, in this course we will delve into the symptoms and consequences of iodine deficiency. Explore how inadequate iodine intake can lead to thyroid dysfunction, goiter, cognitive impairment, and developmental issues. Gain insights into the importance of iodine for overall health and learn about strategies for prevention and treatment of deficiency to promote optimal well-being.

**Medical Category's Courses**

# Course Lesson(18)

Lesson 1 : **The Benefits of Iodine Side Effects and More**

Lesson 2 : **Discovering the Surprising Benefits of Iodine**

Lesson 3 : **What is Iodine Good For**

Lesson 4 : **The 5 Signs and Symptoms of an Iodine Deficiency You ve Never Heard**

Lesson 5 : **The 1 Sign of Iodine Overload TOXICITY**

Lesson 6 : **Iodine Facts and Deficiency Causes â€“ Dr Berg**

Lesson 7 : **Iodine Deficiency Seven Reasons Why You Might Be Deficient in Iodine**

Lesson 8 : **Iodine Benefits Are Beyond Just The Thyroid â€“ Dr Berg on Iodine Deficiency**

Lesson 9 : **7 Warning Signs of an IODINE Deficiency**

Lesson 10 :
**Iodine â€œBeyond the Thyroidâ€ â€“ Iodine Deficiency Iodine Foods and Iodine Benefits â€“ Dr Berg**

Lesson 11 : **â€œHard of Hearingâ€ and Iodine Deficiency**

Lesson 12 : **Iodine and Your Immune System**

Lesson 13 : **Cold Feet Don t Forget Iodine**

Lesson 14 : **Endometriosis Causes Symptoms Link With Iodine â€“ Dr Berg**

Lesson 15 : **What Causes a Goiter Iodine Deficiency Thyroid Nodules â€“ Dr Berg**

Lesson 16 : **Dr Berg Clears the Confusion Between the Thyroid Cruciferous Vegetables and Iodine**

Lesson 17 : **Effects of Iodine Deficiency Mental Health IQ â€“ Dr Berg**

Lesson 18 : **The Iodine Estrogen Connection MUST WATCH**

# Related courses

**Infection Control**

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**Anatomy**

**Pharynx**

**Endocrine**

**General Embryology**

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