Mindluster Platform

About the course Achilles Tendon Pain Treatment

Achilles Tendon Pain course, in this course we will learn about the Achilles Tendon Pain, exploring its causes, symptoms, and effective treatment options. Dive into rehabilitation strategies, exercise protocols, and lifestyle modifications aimed at alleviating discomfort and promoting healing. Gain insights into preventing future injuries and optimizing Achilles tendon health. Join us to discover practical solutions for managing Achilles tendon pain and enhancing your overall mobility and well-being.

Medical Category's Courses

Course Lesson(6)

Lesson 1 : **Therapeutic Ultrasound How it works and when to use it Correction below**

Lesson 2 : **How to use a TENS unit for pain**

Lesson 3 : **Radial Pressure Wave Therapy RPWT What is and How it Works**

Lesson 4 : **Russian Stimulation of the Quads Tips for Optimal Results**

Lesson 5 : **Achilles Tendon Pain Partial Tear**

Lesson 6 : **Laser Therapy in Orthopedics with Guest Dr Mark Callanen**

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