Mindluster Platform

About the course Shoulder Arthritis Signs and Symptoms

Shoulder Arthritis Signs course, in this course we will learn about the signs and symptoms of shoulder arthritis, along with various treatment options. Participants will explore conservative management strategies such as medications, physical therapy, and corticosteroid injections, as well as surgical interventions like shoulder arthroscopy or joint replacement. Emphasis will be placed on recognizing clinical manifestations, diagnosing shoulder arthritis, and implementing evidence-based treatment plans to improve function and quality of life for individuals affected by this condition. Through case studies and practical demonstrations, learners will gain insights into comprehensive management approaches tailored to the needs of patients with shoulder arthritis.

Medical Category's Courses

Course Lesson(71)

Lesson 1 : **Welcome to ORTHO EVAL PAL**

Lesson 2 : **Ortho Eval Pal Podcast Episode 004 3 Causes of QUADRICEPS shutdown**

Lesson 3 : **Ortho Eval Pal Podcast Episode 005 Intra vs Extra Articular Swelling**

Lesson 4 : **Ortho Eval Pal Podcast Episode 008 Meniscus Tears Let s make identifying them easier**

Lesson 5 : **Ortho Eval Pal Podcast Episode 009 Knee Arthritis**

Lesson 6 : **Episode 006 â€“ Patellar Tendinitis vs Tendinopathy**

Lesson 7 : **Episode 010 â€“ How to get a Specialist s Attention**

Lesson 8 : **Episode 011 â€“ Osgod Schlatters Disease**

Lesson 9 : **Frozen Shoulder Evaluation for Healthcare Providers**

Lesson 10 : **Podcast Episode 012 â€“ Shoulder Anatomy with Paul Marquis PT**

Lesson 11 : **Shoulder Apprehension Sign**

Lesson 12 : **Frozen Shoulder Who s at Risk and How to Identify it Podcast Episode 013**

Lesson 13 : **Frozen Shoulder part 2 Stages and How to Treat it Podcast EP 014**

Lesson 14 : **Rotator Cuff Basics Anatomy and Function Review Podcast Episode 015**

Lesson 15 : **Ep 16 Rotator Cuff Impingement vs Rotaotor Cuff Tears**

Lesson 16 : **Episode 017 6 Most Common Causes of Shoulder External Rotation Weakness**

Lesson 17 : **Episode 018 Shoulder Arthritis Common Signs and Symptoms**

Lesson 18 : **Episode 019 The 3 Day Post op Shoulder Program**

Lesson 19 : **Episode 020 Nerve Injuries of the Shoulder Complex**

Lesson 20 : **Episode 022 Most Popular Special Tests for the Shoulder Evidence and Experience**

Lesson 21 : **Lenny Macrina MSPT SCS CSCS talks PT with Paul on the OEP Podcast**

Lesson 22 : **Episode 023 Cervical Spine Clearing Tips and Tricks**

Lesson 23 : **Shoulder Instability with Special Guest Dr Stephen Thompson**

Lesson 24 : **Episode 26 LISTEN Let s test your LISTENING and EVALUATION skills**

Lesson 25 : **Episode 27 Your Gait on Different Surfaces**

Lesson 26 : **Episode 28 Posterior Heel Pain Causes Diagnoses and Treatment Tips**

Lesson 27 : **Episode 29 Plantar Fasciitis My Favorite Diagnosis to Evaluate and Treat**

Lesson 28 : **Metatarsalgia and Morton s neuroma Ortho Eval Pal Podcast Epi 30**

Lesson 29 : **Episode 31 Total Shoulder Arthropasty with Guest Dr Jessica Aronowitz**

Lesson 30 : **Orthotics for healthcare providers Episode 32**

Lesson 31 : **Episode 33 Cervical Spine Basics**

Lesson 32 : **Episode 34 Hoffman s Sign Hyperefflexia Babinski sign and clonus**

Lesson 33 : **Episode 35 Cervical Spine vs Shoulder Pain How to tease them out**

Lesson 34 : **Episode 36 The Marquis Maneuver cervical spine special test**

Lesson 35 : **Episode 37 Fibromyalgia in Orthopedics**

Lesson 36 : **Episode 38 Cervical Spine Tips with Neurosurgeon Dr Nick Arredondo**

Lesson 37 : **Episode 39 The Diabetic Foot in Orthopedics with special guest Dr Larry Crystal**

Lesson 38 : **Episode 40 Unilateral Pes Planus What is it and what can it cause**

Lesson 39 : **Episode 41 Crepitus Snap Crackle and Pop**

Lesson 40 : **Episode 42 Chronic Neck Pain A very real and very treatable problem**

Lesson 41 : **Episode 44 Lumbar Spine Basics**

Lesson 42 : **Episode 53 Neurosurgery of the Lumbar Spine with Dr John Wahlig**

Lesson 43 : **Dry Needling with guest Philip Chamberlain PT OrthoEvalPal Podcast 56**

Lesson 44 : **Cervical Spine Arthritis with Paul Marquis PT**

Lesson 45 : **Episode 61 Thoracic Kyphosis Causes and Treatment**

Lesson 46 : **Episode 62 Proximal vs Distal Biceps Ruptures**

Lesson 47 : **Episode 65 C6 Nerve Root Compression**

Lesson 48 : **Episode 64 C5 Nerve Root Compression**

Lesson 49 : **Episode 63 Chronic Exertional Compartment Syndrome**

Lesson 50 : **Blue Jays athletic trainer Bob Tarpey Interview**

Lesson 51 : **C7 Nerve Root Compression Podcast**

Lesson 52 : **C8 Nerve Root Compression Podcast**

Lesson 53 : **Shin Splints Causes and How to Treat Them Episode 71**

Lesson 54 : **Dr Ebonie Rio The Latest on Lower Extremity Tendinopathy**

Lesson 55 : **Episode 77 Cubital tunnel syndrome**

Lesson 56 : **T1 Nerve Root Compression Podcast episode 69**

Lesson 57 : **Lumbar Spinal Stenosis Evaluation Pointers Podcast Episode 72**

Lesson 58 : **Ortho Eval Pal Podcast Episode 007 ACL Tears**

Lesson 59 : **Podcast Episode 84 How to Study Musculo Skeletal Anatomy Better**

Lesson 60 : **Ortho Eval Pal Episode 78 Dequervain s Tenosynovitis**

Lesson 61 : **Ortho Eval Pal Episode 79 Dupuytren s Contractures**

Lesson 62 : **Podcast Episode 85 3 Most Common Signs of Hip Arthritis**

Lesson 63 : **Blood Flow Restriction Training Podcast Part 1 with Guest Susie Lachowski PhD CSCS**

Lesson 64 : **Blood Flow Restriction Training Podcast Part 2 with guest Susie Lachowski PhD CSCS**

Lesson 65 : **ACL Injury Update Interview with Orthopedic Specialist Dr Eric Hoffman**

Lesson 66 : **131 Rotator Cuff Injuries Interview with Shoulder Specialist Dr Jessica Aronowitz**

Lesson 67 : **132 Biceps injuries Interview with Orthopedic Specialist Dr Jessica Aronowitz**

Lesson 68 : **Interview with Kurt Jepson of Jepson Consults**

Lesson 69 : **Compression Garment interview with Hunter Hoobler Episode 213**

Lesson 70 : **Medication Considerations in Orthopedics with Guest Dr Kayla Bates OEP268**

Lesson 71 : **Laser Therapy in Orthopedics with Guest Dr Mark Callanen**

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business@mindluster.com