Mindluster Platform

About the course Vertigo treatment methods with exercises BPPV

Vertigo treatment methods course, in this course we will learn about the Vertigo treatment methods aimed at addressing the symptoms and underlying causes of vertigo. Participants will explore various techniques, including vestibular rehabilitation exercises, canalith repositioning maneuvers like the Epley maneuver, medication management, and lifestyle modifications. Additionally, the course will cover emerging treatment modalities such as vestibular suppressant medications and surgical interventions for refractory cases. Through a comprehensive understanding of these methods, participants will gain the skills to effectively manage vertigo and improve patients' quality of life.

Medical Category's Courses

Course Lesson(3)

Lesson 1 : **Vertigo Treatment with Simple Exercises BPPV Ask Doctor Jo**

Lesson 2 : **Neck Pain Stretches Exercises Ask Doctor Jo**

Lesson 3 : **Knee Pain Stretches Exercises Ask Doctor Jo**

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