Mindluster Platform

About the course Heartburn during pregnancy causes

Heartburn during pregnancy causes course in hindi, in this course explores the factors contributing to this common discomfort in expectant mothers. Participants delve into physiological changes such as hormonal fluctuations and increased intra-abdominal pressure. Gain insights into lifestyle factors like diet and posture that exacerbate heartburn. Understanding the causes equips healthcare professionals and pregnant individuals with strategies to manage and alleviate heartburn symptoms effectively.

Medical Category's Courses

Course Lesson(34)

Lesson 1 : **Quick Fix for Constipation Dr Raghu D K**

Lesson 2 : **Why Are You Bloated Dr Raghu D K Apollo 24 7**

Lesson 3 : **GERD Not Your Everyday Heartburn Dr Raghu D K**

Lesson 4 : **Can You Live without a Gallbladder Dr Rajasekhar Reddy Apollo 24 7**

Lesson 5 : **Got IBS Here s What To Eat Avoid Dr Porselvi Rajin**

Lesson 6 : **Celiac Disease Foods to Eat Avoid Dr Porselvi Rajin**

Lesson 7 : **Is It True Older People Are More Likely to Become Constipated Dr Porselvi Rajin**

Lesson 8 : **Is It True Spicy Foods Cause Stomach Ulcers Dr Porselvi Rajin**

Lesson 9 : **Is It True Fibre Helps Manage Diarrhea Dr Porselvi Rajin**

Lesson 10 : **Is It True Smoking Relieves Heartburn Dr Porselvi Rajin**

Lesson 11 : **Debunked Gastrointestinal Cancer Myths Dr Pandiaraj R A**

Lesson 12 : **Heartburn During Pregnancy Dr Arun N**

Lesson 13 : **Don t Ignore Your Gut Health Here s Why Dr Arun N**

Lesson 14 : **Lower GI Bleed Symptoms Causes Dr Pandiaraj R A**

Lesson 15 : **Difference Between Upper Lower GI Bleed Dr Pandiaraj R A**

Lesson 16 :
Groin and Ventral Hernia Symptoms Causes and Treatment Dr Premkumar Balachandran

Lesson 17 : **What Is Celiac Disease Dr Porselvi Rajin**

Lesson 18 : **Post pregnancy Hernias Dr Premkumar Balachandran**

Lesson 19 : **What Is IBS Irritable Bowel Syndrome Dr Porselvi Rajin**

Lesson 20 : **What Is Bladder Prolapse How to Treat It Dr Duraisamy S**

Lesson 21 : **What Would Happen if We Eat More of Fried Food Dr Arun N**

Lesson 22 : **What Happens to Your Body When You Eat Fried Foods Dr Arun N**

Lesson 23 : **Causes Symptoms and Treatment for Hernias Dr Jamil Akhtar**

Lesson 24 : **How Do You Treat Stomach Worms in Children Dr Agnisekhar Saha**

Lesson 25 : **Reasons You Keep Getting Frequent Stomachache Dr Amit Kumar Roy**

Lesson 26 : **Can You Remove Gall Bladder Stone Without Surgery Dr Nipanjan Ghosh**

Lesson 27 : **Abdominal Pain Diarrhea Vomiting in Children in Hindi Dr Alokananda Das Dutta**

Lesson 28 : **Cause of Intestinal Obstruction Intussusception in Children Dr Deepti Pai**

Lesson 29 : **Constipation 5 Tips to Find Relief Dr Kahnu Charan Das**

Lesson 30 : **Indigestion Causes Treatment Dr Kanhu Charan Das**

Lesson 31 : **Loose Motions or Diarrhea Causes How to Treat It Dr Kanhu Charan Das**

Lesson 32 : **Colon Cancer Symptoms Diagnosis Treatments Dr Sunil Jaiswal**

Lesson 33 : **Acidity Mein Kya Khayein Kya Nahi Dr Varsha Gorey Apollo 24 7**

Lesson 34 : **How to Reduce Acidity Dr S V Prashanthi Raju Apollo 24 7**

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for Business Contact
business@mindluster.com