Mindluster Platform

About the course Chronic Plantar fasciitis treatment

Chronic Plantar fasciitis treatment course, in this course we will learn about the comprehensive management of Chronic Plantar Fasciitis, a debilitating condition affecting the foot. Through a multidisciplinary approach, we'll explore various treatment modalities including conservative measures such as stretching exercises, orthotic devices, and physical therapy. Additionally, we'll delve into advanced treatment options like extracorporeal shockwave therapy, corticosteroid injections, and platelet-rich plasma injections. Surgical interventions, including plantar fascia release or endoscopic procedures, will also be discussed for cases resistant to conservative treatments. Moreover, we'll cover important topics such as diagnostic techniques, rehabilitation protocols, and preventive strategies to address chronic plantar fasciitis effectively. By understanding the complexities of this condition and its treatment options, healthcare professionals will be equipped to provide comprehensive care and improve outcomes for patients suffering from chronic plantar fasciitis.

Medical Category's Courses

Course Lesson(11)

Lesson 1 : **Cortisone Injection for Heel Pain Plantar Fasciitis**

Lesson 2 : **What is a Heel Spur or Plantar Fasciitis Dr Moore Explains**

Lesson 3 : **How Do You Fix Chronic Plantar Fasciitis and Heel Spurs Dr Moore Explains**

Lesson 4 : **Why Do I Have Heel Pain In The Morning**

Lesson 5 : **Heel Pain Locations What They Mean**

Lesson 6 : **When Do You Need Surgery For Heel Pain**

Lesson 7 : **Plantar Fasciitis Causes Treatment Options**

Lesson 8 : **Home Remedies For Heel Pain and Plantar Fasciitis**

Lesson 9 : **Can Plantar Fasciitis go away on its own**

Lesson 10 : **Can Haglund s Deformity Back Of Heel Bump Go Away On Its Own**

Lesson 11 :
Can You Do a Back of Heel Bump Surgery Without Impacting The Achilles Ask Dr Moore

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