Mindluster Platform

About the course Silent heart attack signs and symptoms

Silent heart attack signs course, in this course we will delve into the often-overlooked signs and symptoms of silent heart attacks, a type of heart attack that occurs with minimal or no noticeable symptoms. Participants will learn about the subtle indicators that can signal a silent heart attack, such as mild discomfort in the chest, jaw, or arm, shortness of breath, nausea, and fatigue. Through comprehensive discussions and case studies, participants will gain insights into the risk factors associated with silent heart attacks, including age, gender, and pre-existing health conditions. Additionally, we'll explore the importance of early detection and the role of diagnostic tests such as ECG, echocardiogram, and blood tests in identifying silent heart attacks. By raising awareness and understanding the signs of silent heart attacks, participants will be empowered to take proactive steps towards heart health and prevention.

Medical Category's Courses

Course Lesson(5)

Lesson 1 : **12 EARLY Heart Disease Signs Your Body Is Begging For You To Notice FAST**

Lesson 2 : **STOP Ignoring These 7 SILENT Heart Attack Signs Find Out What They Are**

Lesson 3 : **12 Foods That Are DESTROYING Your Heart And Clogging Arteries**

Lesson 4 : **9 WARNING Signs Your Body Gives You 1 Month Before A Heart Attack**

Lesson 5 : **10 WARNING SIGNS Of A Heart Attack 1 Month Before It Happens DETECT EARLY**

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