Mindluster Platform

About the course Stroke Signs and symptoms

Stroke Signs course, in this course we will delve into the crucial topic of stroke signs, recognizing the warning signals that indicate a stroke may be occurring. Participants will learn to identify the common symptoms of stroke, including sudden numbness or weakness in the face, arm, or leg, especially on one side of the body. Additionally, we'll explore other signs such as sudden confusion, trouble speaking or understanding speech, sudden trouble seeing in one or both eyes, sudden severe headache with no known cause, and difficulty walking, dizziness, or loss of balance and coordination. Through informative discussions and case studies, participants will gain valuable insights into the importance of recognizing stroke signs promptly and seeking immediate medical attention. By the end of the course, participants will feel empowered to act swiftly in the event of a stroke, potentially saving lives and reducing the risk of long-term disability.

Medical Category's Courses

Course Lesson(6)

Lesson 1 : **These 4 POWERFUL Vitamins Help Protect You From NERVE Damage**

Lesson 2 : **13 Top SUPERFOODS To Boost Your BRAIN Memory Power**

Lesson 3 : **These 11 POWERFUL Brain Foods Can Help Fight DEMENTIA Recover Your Brain**

Lesson 4 : **10 TOP SUPER Foods To Increase Blood Flow And Circulation**

Lesson 5 : **10 Signs Of A STROKE 1 Month Before It Happens You Must Never Ignore**

Lesson 6 : **Doing THIS Daily Can DAMAGE Your Brain**

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