Mindluster Platform

About the course Assertive Communication techniques

Assertive Communication course, in this course delve into the art of expressing thoughts, feelings, and needs confidently and respectfully. Through interactive lessons and practical exercises, learners discover the principles and techniques of assertive communication, empowering them to assert their rights while respecting the rights of others. From mastering assertive body language to employing assertive language and active listening skills, this course equips individuals with the tools to navigate challenging conversations and resolve conflicts constructively. Join us as we embark on a transformative journey towards effective self-expression and empowered interpersonal interactions.

Soft Skills Category's Courses

Course Lesson(16)

Lesson 1 : **How to Communicate Assertively 4 Tips**

Lesson 2 : **How to Be More Articulate 5 Tips**

Lesson 3 : **10 Body Language Habits that Hurt Your Credibility**

Lesson 4 : **Classy Communication Habits Top 10**

Lesson 5 : **How to SPEAK UP with Confidence 7 TIPS**

Lesson 6 : **Eye Contact Tips for Showing Confidence**

Lesson 7 : **How to Stop People from Interrupting You Verbal Tips**

Lesson 8 : **How to Interrupt a Long Winded Person**

Lesson 9 :
How to Get Somebody to Stop Interrupting You with 4 Simple Tips and get your talking turn back

Lesson 10 : **Positive Communication Skills**

Lesson 11 : **How to Make Friends as an Adult**

Lesson 12 : **4 Conversational Maxims for Effective Communication**

Lesson 13 : **Face to Face Communication**

Lesson 14 : **Face to Face vs Online Communication**

Lesson 15 : **Face to Face Conversation**

Lesson 16 : **Effective Communication in Sales**

Related courses

How to Answer Interview Questions

Organizational Communication

Management Information Systems Basics

Performance Management

Leadership and Power

Business Problem Solving Model



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