Mindluster Platform

About the course Developing effective Listening habits

Developing effective Listening course, in this course dive into the art and science of becoming better listeners. Through engaging modules and practical exercises, learners explore techniques to overcome common barriers to effective listening, including distractions and preconceptions. They delve into the nuances of active listening, empathetic listening, and nonverbal communication, gaining insights into how to connect more deeply with others. Join us as we hone our listening skills, fostering better understanding, communication, and relationships in various aspects of our lives.

Soft Skills Category's Courses

Course Lesson(10)

Lesson 1 : **Active Listening Skills**

Lesson 2 : **Reflective Listening Skills in 3 Key Steps**

Lesson 3 : **Comprehensive Listening Skills**

Lesson 4 : **Empathetic Listening Skills**

Lesson 5 : **Barriers to Effective Listening**

Lesson 6 : **Effective Listening Skills**

Lesson 7 : **What is Empathy**

Lesson 8 : **Communicate with Empathy**

Lesson 9 : **How to be More Likable**

Lesson 10 : **Communication Barriers**

Related courses

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