Mindluster Platform

About the course Carpal tunnel syndrome causes

Carpal tunnel syndrome causes course, in this course we will learn about the causes of Carpal Tunnel Syndrome (CTS) and how they impact wrist health. Weâ€™ll explore how repetitive hand movements, wrist injuries, or underlying health conditions such as diabetes and arthritis contribute to CTS. The course covers factors like fluid retention during pregnancy, hormonal changes, and obesity, which can increase the risk. Students will understand how nerve compression in the wrist leads to symptoms and how workplace ergonomics and lifestyle choices play a role. This comprehensive course provides insights into both preventable and non-preventable causes, helping learners grasp the root triggers to improve diagnosis and management strategies.

Medical Category's Courses

Course Lesson(3)

Lesson 1 : **Carpal Tunnel Syndrome l 3D Animation**

Lesson 2 : **Understanding Migraines Triggers Symptoms and Treatment Options 3D Animation**

Lesson 3 : **How to Recognize a Stroke 3D Animation**

Related courses

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for Business Contact
business@mindluster.com