Mindluster Platform

About the course Grow mushrooms

Course Presenter : GrowVeg

Grow mushrooms, in this course learn how to cultivate edible mushrooms at home or on a small scale with step-by-step guidance. In this course, we will explore the fascinating world of fungi and cover everything from selecting the right mushroom varietiesâ€”such as oyster, shiitake, and button mushroomsâ€”to preparing the ideal growing medium like straw, sawdust, or compost. You'll discover how to inoculate substrates with mushroom spawn, maintain the right temperature, humidity, and lighting conditions, and manage contamination risks. The course also teaches how to monitor growth stages, identify when mushrooms are ready for harvest, and handle post-harvest storage. Whether you're growing in bags, trays, buckets, or logs, this course equips you with the skills and techniques to successfully grow your own fresh mushrooms. Ideal for beginners and aspiring mushroom farmers, it combines practical knowledge with safety tips to help you enjoy a sustainable, rewarding growing experience. GrowVeg

Science Category's Courses

Course Lesson(3)

Lesson 1 : **Inside the Mushroom Farm How Mushrooms are Grown**

Lesson 2 : **How to Grow Lion s Mane Mushroom from Start to Finish**

Lesson 3 : **How to Grow Lion s Mane Mushrooms in 3 Weeks**

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