Mindluster Platform

About the course Spinning top from paper toy antistress

Course Presenter : 123 Easy Paper Crafts DIY

Spinning top from paper toy antistress course, teaches how to create a simple yet effective paper toy designed to reduce stress. In this course, you'll learn the step-by-step process of making a spinning top using paper, which can be easily crafted using minimal materials like colored or plain paper, scissors, and a bit of glue. The course covers the basics of paper folding, cutting, and assembling the pieces to create a functional and fun spinning top. As the top spins, it provides a calming effect, making it a perfect tool for stress relief. This DIY activity is not only enjoyable but also offers therapeutic benefits, helping you focus, relax, and unwind. By the end of the course, youâ€™ll be able to create your own spinning top and use it to reduce stress while also enjoying the satisfaction of crafting something with your hands. Ideal for beginners and those seeking a creative way to alleviate stress. 123 Easy Paper Crafts DIY

Soft Skills Category's Courses

Course Lesson(15)

Lesson 1 : **Spinning top from paper Paper toy antistress**

Lesson 2 : **Spinning top from paper Paper toy antistress**

Lesson 3 : **Paper toy antistress Spinning top from paper**

Lesson 4 : **Spinning top from paper Paper toy antistress Moving PAPER TOYS**

Lesson 5 : **Spinning top pop it Paper toy antistress DIY fidget paper toys**

Lesson 6 : **Spinning top from 1 sheet of paper Paper toy antistress DIY crafts easy**

Lesson 7 : **Spinning top from paper Paper toy antistress DIY Paper TOYS easy**

Lesson 8 : **Paper toy antistress Spinning top from paper**

Lesson 9 : **Spinning top from paper Paper toy antistress**

Lesson 10 : **Spinning top from paper Paper toy antistress diy paper spinning top heart**

Lesson 11 : **Paper toys Spinning top from paper Paper toy antistress diy fidget toys**

Lesson 12 : **DIY crafts easy Paper toy antistress transformer**

Lesson 13 : **Amazing long spinning Spinning top from paper Paper toy antistress**

Lesson 14 : **3 diy Paper toys Spinning top from paper Paper toy antistress diy fidget toys**

Lesson 15 : **Endless rotation Moving paper toys Antistress TOY paper**

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