Mindluster Platform

About the course Body Language

Body language is a type of nonverbal communication in which physical behaviors, as opposed to words, are used to express or convey the information. Such behavior includes facial expressions, body posture, gestures, eye movement, touch and the use of space.What are the 4 types of body language? The many different types of nonverbal communication or body language include: Facial expressions. The human face is extremely expressive, able to convey countless emotions without saying a word. ... Body movement and posture. ... Gestures. ... Eye contact. ... Touch. ... Space. ... Voice. ... Pay attention to inconsistencies.What is good body language? Positive body language is when your movements and gestures show that you are engaged, interested, approachable, and open.How do you read body language? How to Read Body Language â€“ Revealing the Secrets Behind Common Nonverbal Cues Study the Eyes. ... Gaze at the Face â€“ Body Language Touching Mouth or Smiling. ... Pay attention to proximity. ... See if the other person is mirroring you. ... Observe the head movement. ... Look at the other person's feet. ... Watch for hand signals.

Soft Skills Category's Courses

Course Lesson(10)

Lesson 1 : **Body Language**

Lesson 2 : **Get the Right Message Across With Your Body Language | Inc Magazine**

Lesson 3 : **Body Language**

Lesson 4 : **How To Read Body Language**

Lesson 5 : **4 essential body language tips from a world champion public speaker**

Lesson 6 :
Body Language Expert Keynote Mark Bowden at TEDx Toronto â€“ The Importance Of Being Inauthentic

Lesson 7 : **Make Body Language Your Superpower**

Lesson 8 : **Your body language shapes who you are Amy Cuddy**

Lesson 9 : **7 Body Language Tips For Success How To Look Confident**

Lesson 10 : **Thank You**

Related courses

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