Mindluster Platform

About the course Find Your Value

What is the my value in your life? Your values are the things that you believe are important in the way you live and work. They (should) determine your priorities, and, deep down, they're probably the measures you use to tell if your life is turning out the way you want it to.What is your value as a person? Personal values are the things that are important to us, the characteristics and behaviours that motivate us and guide our decisions. For example, maybe you value honesty. ... Everyone has their own personal values, and they can be quite different. Some people are competitive, while others value cooperation.What does it mean to know your value? Knowing your worth is a very personal thing and it really has nothing to do with anyone else. It's your internal measure of how you value yourself REGARDLESS of what other people might think of you or say to you.How do you value yourself? How to Value Yourself Acknowledge the Inner Critic. We all have that loud inner voice that isn't always kind. ... Receive a Compliment. ... Be Grateful for Effort. ... Practice Affirmations in the Mirror. ... Give Attention to Your Dreams. ... Let Go of Comparison. ... Find Ways to Serve Others. ... Accept Yourself as You Are.What are the 5 core values? Five Core Values INTEGRITY. Know and do what is right. Learn more. RESPECT. Treating others the way you want to be treated. Learn more. RESPONSIBILITY. Embrace opportunities to contribute. Learn more. SPORTSMANSHIP. Bring your best to all competition. Learn more. SERVANT LEADERSHIP. Serve the common good. Learn more.

Career Development Category's Courses

Course Lesson(18)

Lesson 1 : **Find Your Value**

Lesson 2 : **The Best Way To Ask For A Raise | Money | TIME**

Lesson 3 : **Top Tips For Negotiating A Pay Rise**

Lesson 4 : **3 Underrated Work Skills That Will Help You Get a Raise**

Lesson 5 : **How to negotiate a pay rise**

Lesson 6 : **How to Ask For A Raise**

Lesson 7 : **This 3 Step Strategy Is The Best Way To Get A Raise | CNBC Make It**

Lesson 8 : **How to Negotiate Your Salary If You re Underpaid with Ramit Sethi**

Lesson 9 : **Salary Negotiation 6 Tips on How to Negotiate a Higher Salary**

Lesson 10 : **How to Ask for a Raise Tips From a Fish Market**

Lesson 11 : **How to Negotiate a Raise**

Lesson 12 : **How To Ask for a Raise Step By Step Advice**

Lesson 13 : **How To Ask For A Raise | The Intern Queen**

Lesson 14 : **How To Ask For A Promotion In The Right Way**

Lesson 15 : **How to Ask for a Raise at Work**

Lesson 16 : **How You Really Sound When Asking For A Raise**

Lesson 17 : **How to Research Salary Information**

Lesson 18 : **Thank You Your Career**

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