Mindluster Platform

About the course How To Speak English More Effectively

how to speak English better in 10 easy steps: 1. Imitate away When most people think about learning English, they think about piles of books, memorizing lists and studying with cards. All of these are helpful in their own way and shouldnâ€™t be ignored. However, many people forget â€“ or shy away from â€“ the active side of language learning â€“ exploring, playing, listening, and repeating. Studies show that imitation is one of the best ways to improve your language skills. Listening to others and repeating what they say and how they say it â€“ even intonation, emotion and choice of words â€“ is one of the most powerful and fun ways to make progress. 2. Avoid learning word by word Are you tired of memorizing lists of verbs and feeling like you still canâ€™t speak confidently? Itâ€™s time to change your strategy. This time, learn full expressions â€“ this is calledchunk-based learning. Think of new expressions as a unit that you canâ€™t separate. Listen and repeat. For a moment, allow yourself to forget about grammar or the meaning of each word until the expression starts to feel natural. Be practical and â€œcopy pasteâ€ what you hear without creating unnecessary obstacles. This would mean learning an expression like â€œI need waterâ€ as a whole, rather than translating word by word and learning how to conjugate the verb â€œto needâ€ before you do it. 3. Use what youâ€™ve learned immediately If there is one thing your brain enjoys, it is feeling useful. Our brains dislike wasting time with information we donâ€™t use. (Maybe thatâ€™s why you keep forgetting the English words you tried learning yesterday!) Hereâ€™s a tip: even if you are alone in the room, the first thing you should do when you see a new expression or phrase in front of you is reading it out loud immediately. Repeat it several times until youâ€™re able to say it without looking at the paper. If you write down three sentences using that new word, even better. This is the moment when you stop memorizing and start using English! 4. Be an actor Actors have one mission: to study a text and then make people believe that text is real. They do that by using emotion, exaggeration, repetition and practice. So why not be inspired by your favorite actors and do the same? Hereâ€™s a game. When you are alone, take a piece of paper and write down an English expression â€“ any expression you want to learn. Now, try reading it until you can say it without looking at the paper. The next step is trying to say that expression with different emotions. Donâ€™t be afraid to exaggerate! After a while, you will get used to the sound of the expression without even having to think about it. 5. Listen to others as much as you speak Many English learners struggle with speaking for three reasons: they areembarrassed by their foreign accent, they donâ€™t remember key words when they need them, and they canâ€™t really understand when people reply back to them, which leads to awkward situations. Solution: expose yourself to as many songs, series, documentaries, accents and conversations as possible. This will help you understand how English sounds in different countries and how it is spoken by different people. Bonus â€“ by doing this, you will realize that many, many foreigners around the world have accents but they are still easily understood by natives and can communicate effectively. Soâ€¦why not you? A foreign accent isnâ€™t the end of the world â€“ it is just proof that you were brave enough to learn something new! 6. Listen to yourself and get feedback from native speakers Some English students are so shy and nervous that they postpone speaking indefinitely. After months of study, they realize they have never actually heard themselves speak! It is essential that you start practicing basic sentences from day one â€“ out loud. Hear yourself. Listen to how English sounds when you speak it. A good way to start is recording yourself reading simple texts. This helps you in two ways. First, you start getting comfortable with the sound of English coming out of your mouth. Secondly, you can save your recording to keep track of your progress in the future and see how fantastic your progress has been! Itâ€™s essential that you find somebody to give you feedback on your speaking â€“ ideally a native speaker. One of the most powerful ways to do this is to study English in an English-speaking country where you get continuous feedback â€“ in class, while youâ€™re shopping, out on the town and even from your host family. Learning through immersion is so powerful because it makes your whole life a learning opportunity â€“ and the more you use your English in a natural setting with native speakers of all walks of life, the faster your progress will be. If this isnâ€™t an option, get continuous feedback from your local teacher, a tutor or any kind native English speaker you know.

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